

QP Code: 110009

Reg.No.: .....

**First B.Sc. Nursing (Ayurveda) Degree Supplementary Examinations,  
October 2017**

**PANCHAKARMA**

**Time: 3 Hours**

**Max Marks: 100**

- Answer all questions
- Draw diagrams wherever necessary

**Essay**

**(2x10=20)**

1. Explain nasya karma(नस्य कर्म) in detail
2. What are panchakarmas and mention its importance

**Short Notes**

**(10x5=50)**

3. Mention on patra potala sweda (पत्र पोटल स्वेद)
4. List the indications and samyak yoga lakshana of virechana(विरेचन संयक योग लक्षण)
5. Explain the preparation of niruha vasthi dravya(निरूह वस्ति द्रव्य)
6. Describe the samyak and asamyak lakshanas of vamana (वमन संयक एवं असंयक लक्षण)
7. Explain the types of vasthi(वस्ति)
8. Mention the importance of samsarjana karma(संसर्जन कर्म)
9. Explain the pre and post measures of vamana(वमन)
10. Mention the samyak sveda lakshanas(संयक स्वेद लक्षण)
11. What are the types of sveda karmas(स्वेद कर्म)
12. Snehapana vidhi

**Answer Briefly**

**(10x3=30)**

13. What is matra vasthi (मात्रा वस्ति)
14. Mention on vasthi yantra(वस्ति यंत्र)
15. List the indications of uttaravasthi(उत्तर वस्ति)
16. What is sadya sneha(सद्यः स्नेह)
17. What is sneha vyapath(स्नेह व्यापत)
18. Mention utharabasthi(उत्तरवस्ति)
19. What is the importance of pratimarsha nasya(प्रतिमर्श नस्य)
20. Vamana vegas(वमन वेग)
21. Contraindications of nasaya(नस्य)
22. Types of sneha(स्नेह) and its properties

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